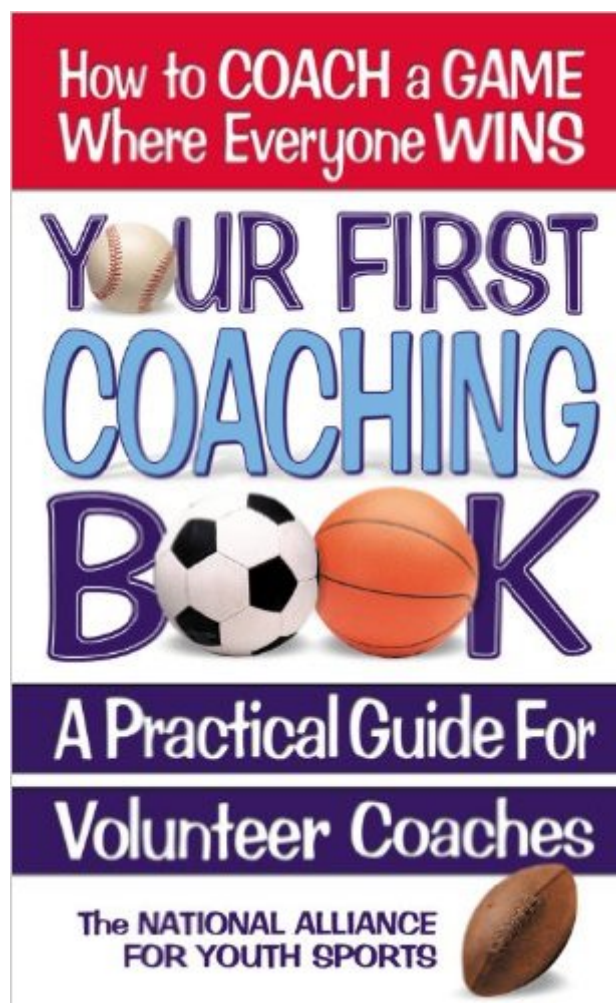


The book was found

# Your First Coaching Book: A Practical Guide For Volunteer Coaches



## Synopsis

As a youth sports volunteer, you should get used to wearing many hats, for youâ™ll be not just a coach, but also a teacher, friend, and confidant. Coaching can be rewarding, Â but if you venture into the season unprepared, the role can be a frustrating one. Enter *Your First Coaching Book*. Created by The National Alliance For Youth Sports, it provides valuable tips on how to encourage fun and good sportsmanship, maximize basic skill development, deal with inappropriate behavior from players and parents, and prevent injuries by maintaining high safety standards. Whether youâ™re a first-year coach or a seasoned veteran, the children on your team will remember you and their sports experience for the rest of their lives. *Your First Coaching Book* will help ensure that these memories are happy ones.

## Book Information

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Average Customer Review: 3.7 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

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## Customer Reviews

A lot of the content in this book especially towards the end are redundant to the content that is introduced in the beginning. The concepts are repeated, and it seems as if the author has a strong bias towards baseball as the sport of example, followed by football and soccer, when there are many other sports out there. Most of the views on "parents of athletes" are one-sided from the coach's perspective, without taking into consideration as to why athlete's parents behave the way they do at practices or games given their different backgrounds. Overall, this book was a good read for simple young athlete coaching concepts.

It's a very basic book. It can easily be read in a day, but there was some solid research behind this

book which makes it worth taking the things they say into practice and awareness.

The book itself, not my favorite, but it was for a class so what do you do. Great condition, basically fits in your pocket it's so tiny, which is nice:)

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